BÀI GIẢNG: LANGUAGE - VOCABULARY
UNIT 1: A LONG AND HEALTHY LIFE
MÔN TIẾNG ANH - SGK GLOBAL SUCCESS – LỚP 11
GIÁO VIÊN: HOÀNG XUÂN – TUYENSINH247

MỤC TIÊU

✓ *Vocabulary: Health and Fitness*

Task 1. Match each word (1-5) with its meaning (a-e)

1. treatment (n)	a. pieces of flesh in our body that allow the movement of our arms, legs, etc.
2. strength (n)	b. something that helps to cure an illness or injury
3. muscles (n)	c. the quality of being physically strong
4. suffer (from) (v)	d. to have a health problem
5. example (v)	e. to look at someone's body carefully to find out if there is a health problem

Gợi ý: *1. b* *2. c* *3. a* *4. d* *5. e*

Task 2. Complete the following sentences using the correct forms of the words in 1.

1.The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your_____, you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

Gợi ý:

1. examined *2. treatment* *3. strength*

4. muscles *5. suffering from*

WRAP UP