BÀI GIẢNG: SKILLS 2

CHUYÊN ĐỀ: UNIT 3: HEALTHY LIVING FOR TEENS

TIẾNG ANH 9 GLOBAL SUCCESS

GIÁO VIÊN: TRẦN THU HÀ – TUYENSINH247.COM

OBJECTIVES

By the end of this lesson, Ss are able to:

- ✓ Listen skill for specific information.
- ✓ Write a paragraph about how to manage their time effectively, using the given tips or their own ideas.

New words	Pronunciation	Meaning
schoolwork (n)	/ˈskuːl.wɝːk/	việc học tập
routine (n)	/ruːˈtiːn/	việc thường làm (hàng ngày)
submit (v)	/səbˈmɪt/	nộp, đệ trình
minimize (v)	/ˈmɪn.ɪ.maɪz/	giảm đến mức tối thiểu

Work in pairs. Discuss the following question.

How do you make time for study and other activities?

You will hear Trang, Phong, and Tom talking about how to manage their time effectively. For each student (1 – 3), choose the opinion (A – C) each of them expresses.

1. Trang 2. Phong 3. Tom

Opinions

A. I don't let things distract me from the schoolwork that I have to do.

B. Using a calendar to plan my work ahead helps me manage my time effectively.

C. I try not to delay doing my homework and working on my projects and coming tests.

Gợi ý: *1. B 2. A 3. C*

Listen again and choose the correct answer A, B, or C.

1. Trang enters what she has to do into a _____ at the beginning of each term.

A. poster

B. routine

C. calendar

2. Trang often uses _____ colours to mark project due dates and exam times on her calendar.

A. different

B. the same

C. similar

3. Phong turns off his cell phone and signs out of social media _____ when he starts his work.

A. accounts

B. networks

C. websites

4. Tom tries not to _____ homework until just before the due date.

A. leave

B. complete

C. submit

5. Tom _____ his projects and coming tests and adds them to his schedule.

A. prepares

B. reviews

C. revises

Gợi ý: *1. C 2. A 3. A 4. A 5. B*

Script:

Trang: I use a calendar to plan my work ahead. At the beginning of each term, I take a broad view of what I have to do by entering the due dates and test dates into a calendar. I often do these with different colours, for example, red for deadlines, green for exams ...

Phong: I try to minimise distractions. Besides cell phones, social media, and friends, there are a lot of activities that can take my attention away from my schoolwork. When it's time to start my work, I turn off my cell phone and sign out of social media accounts.

Tom: I never leave homework until the day before it's due. I review my projects and coming tests and add them to my schedule. I arrange to start working on them well before they're due, so I'm not stressed out to meet the due dates.

WRITING

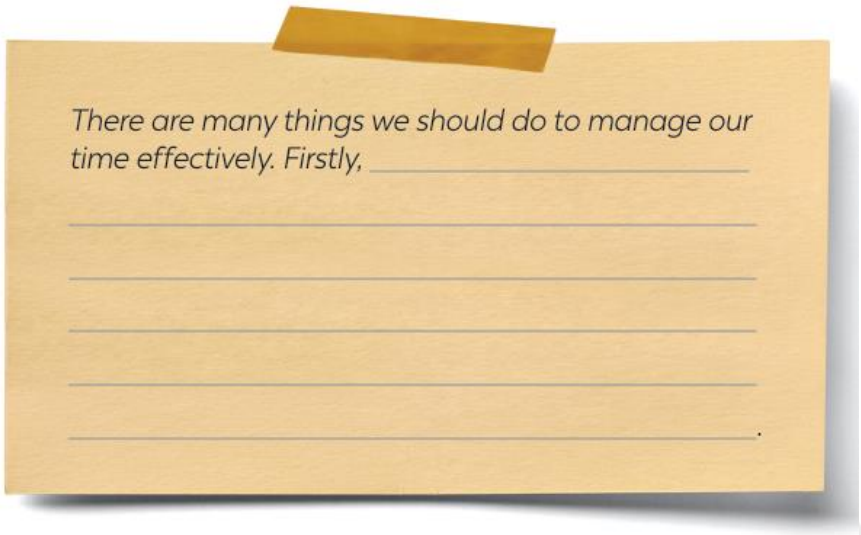
Match the time management tips in column A with the explanations and / or reasons in column B.

A	B
1. Making a plan or schedule for things you need to do, including appointments, projects, homework and tests	a. You should decide which is the most urgent and important task so that you can concentrate on it first. By doing this, you may not be at a loss to deal with too much work at the same time.
2. Giving priority to the most important task	b. An effective routine can help you accomplish the things you need to do. The more you follow a daily routine, the less you will worry or get stressed.

3. Building an effective daily routine	c. You can plan your work ahead by using a calendar, a diary, or a mobile app. It helps you remember what you need to accomplish and when you should do it.

Gợi ý: *1. c 2. a 3. b*

Write a paragraph (about 100 words) about how to manage your time effectively. Use the tips in 4 or your own ideas.



Write a paragraph (about 100 words) about how to manage your time effectively. Use the tips in 4 or your own ideas.

Suggested answer:

There are many things we should do to manage our time effectively. Firstly, we should set specific goals and prioritise them according to their importance level. This will help us keep focused on our most important tasks and avoid wasting time on tasks that do not contribute to our goals. Secondly, creating a schedule or to-do list can help us manage our time efficiently by breaking down our day into manageable chunks. We should also be realistic about how long each task will take and build in extra time for unexpected interruptions or delays. Thirdly, it is essential to eliminate distractions and time-wasting activities, such as social media or unnecessary meetings, which can reduce our productivity. By following these tips, you we can effectively manage your time and achieve success in all aspects of your life.