# BÀI GIẢNG: ĐỌC CÂU TÓM TẮT CHO ĐOẠN
# CHUYÊN ĐỀ: ĐỌC HIỂU
# GIÁO VIÊN: CÔ NGUYỄN THU HẢI

## MỤC TIÊU

✓ *Luyện tập cách làm bài đọc dạng câu đọc tóm tắt cho đoạn*

## CÁCH LÀM CÂU TÓM TẮT ĐOẠN

**Bước 1: Đọc lướt đoạn văn**

- Tìm câu chủ đề (thường là câu đầu hoặc cuối)
- Chú ý đến ý chính xuyên suốt của đoạn — đừng sa đà vào chi tiết nhỏ.

**Bước 2: Tự tóm ý chính trong đầu (hoặc viết ngắn gọn ra nháp)**

- Tự trả lời: "Đoạn này nói về cái gì?"
- Bỏ qua ví dụ, số liệu, dẫn chứng phụ — chỉ giữ lại ý chính trung tâm.

**Bước 3: So sánh với các đáp án**

- Chọn đáp án nào bao quát đầy đủ nhưng ngắn gọn nội dung chính.
- Loại bỏ các đáp án:
- Chỉ nhắc một chi tiết phụ
- Thêm thông tin không có trong đoạn
- Bị sai về ngữ nghĩa hoặc suy diễn quá đà
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## MẸO NHỚ NHANH: "CHỌN CÂU TÓM TẮT GIỐNG XƯƠNG SỐNG, KHÔNG PHẢI CHÂN TAY"

Xương sống = ý chính → chọn

Tay chân = ví dụ, số liệu, phân tích phụ → bỏ

**Ví dụ minh họa:**

**Đoạn văn:**

"In recent years, many cities have introduced bike-sharing programs to reduce traffic congestion and promote eco-friendly transportation. These programs allow users to rent bikes for short trips. Despite some challenges such as theft and maintenance, they have been widely adopted and are seen as a step toward sustainable urban living."

Câu hỏi: Which of the following best summarizes the paragraph ?

**A.** Bike-sharing programs are expensive and difficult to maintain.

**B.** Bike-sharing helps reduce traffic and support eco-friendly travel despite some issues. ☑

**C.** Theft is a major problem in bike-sharing systems.

**D.** People no longer use cars because of bike-sharing programs.

➡ Đáp án đúng: B — vì tóm gọn ý chính, bao quát toàn đoạn

## BÀI TẬP VẬN DỤNG

**PARAGRAPH 1:**

High-potential employees typically exhibit certain key characteristics, such as initiative, commitment, a hunger for knowledge, and a willingness to seek feedback. They also show a degree of non-conformity and a strong desire to excel. Despite these traits, many organizations only have 3-5% of their workforce classified as high-potential, and even fewer companies manage to properly recognize and cultivate this talent.

Consequently, it's essential to implement effective evaluation processes to ensure that high-potential employees are identified and nurtured properly.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** High-potential employees often fail to meet expectations despite their impressive qualifications.

**B.** High-potential employees show standout traits, so clear evaluation is vital to nurture them.

**C.** Employees with ambition and curiosity are usually given leadership roles without formal evaluation.

**D.** Organizations benefit most when they assign high-potential employees to routine, stable tasks.

**PARAGRAPH 2:**

Dr. Tanmeet Sethi, an integrative physician, explains that our brains view uncertainty as a threat. Transitions often involve stepping into the unknown, triggering a heightened state of alertness. This state, while natural, can have long-term effects on our health, especially if we don't give ourselves time to rest. Dr. Sethi suggests that viewing uncertainty not as a threat, but as a normal part of life, can help ease the anxiety that comes with transitions. This shift in perspective helps us feel safer and more grounded during times of change.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Dr. Sethi discusses that uncertainty should be completely avoided to stay mentally healthy.

**B.** Dr. Tanmeet Sethi states that transitions typically improve mental well-being without challenges.

**C.** Dr. Tanmeet Sethi believes viewing uncertainty as normal can ease anxiety during transitions.

**D.** Dr. Tanmeet Sethi suggests focusing only on physical health to manage transitions.

**PARAGRAPH 3:**

Restoring ecosystems requires both passive and active conservation efforts. Some areas recover naturally once harmful human activities cease, while others require direct intervention, such as reintroducing key species or rehabilitating damaged landscapes. Global initiatives, like the UN Decade on Ecosystem Restoration, aim to encourage sustainable practices and conservation policies. Through awareness and action, individuals and communities can contribute to preserving the planet's ecosystems for future generations.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Ecosystem restoration can happen naturally, but some areas need human efforts like species reintroduction.

**B.** Restoring ecosystems requires both natural recovery and human actions, with global initiatives promoting conservation.

**C.** The United Nations leads efforts to restore ecosystems by enforcing conservation policies worldwide.

**D.** Conservation efforts have failed to protect ecosystems, making restoration nearly impossible for future generations.

**PARAGRAPH 4:**

A third way to preserve traditional foodways is to organize and participate in food festivals, which are events that celebrate and showcase the food culture and history of a specific place or group. Food festivals can attract and educate a wide audience, as well as generate income and recognition for the food producers, chefs, and educators involved. They can also create opportunities for dialogue, collaboration, and innovation among different stakeholders in the food system. Food festivals can be incorporated into culinary education activities. So, students can research, prepare, and present the dishes, stories, and traditions of the food festival theme, as well as interact with the visitors and give feedback.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Food festivals are separate from all educational activities related to cooking.

**B.** Food festivals are discouraged in culinary education due to their complexity.

**C.** Culinary education activities focus on classroom-based lessons, not food festivals.

**D.** Culinary education can unite food festivals as part of its learning experiences.

**PARAGRAPH 5:**

The study highlights human resilience. Most people recover naturally without therapy, though some need extra support. Instead of chasing happiness through big life events, the key is appreciating small joys and staying true to personal values. Older generations might see younger ones as overly sensitive to stress, while youth may view elders as out of touch. But in reality, emotional resilience transcends age. Life is not about constant highs and lows. It is about adapting and finding balance, no matter what generation you belong to.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Emotional strength matters more than generation gaps in handling life's challenges.

**B.** Different generations misunderstand each other despite sharing emotional resilience.

**C.** Young people need therapy less than old people to recover from difficulties.

**D.** Happiness comes from big achievements rather than small daily pleasures.

**PARAGRAPH 6:**

Public transportation will also undergo significant improvements. Smart buses and trains will use real-time data to adjust schedules based on demand, ensuring passengers experience minimal wait times. Many cities will invest in electric and hydrogen-powered public transport to cut down on harmful emissions. Additionally, high-speed rail networks and underground transit systems will provide faster and more efficient travel options for long distances within and between cities.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Future cities will depend on AI and automation to enhance transportation and reduce congestion.

**B.** Public transportation will improve with real-time data, electric buses, and faster travel options.

**C.** Smart transportation systems will increase traffic flow and minimize delays through self-driving vehicles.

**D.** Advanced transportation will make commuting easier but have no impact on pollution or efficiency.

**PARAGRAPH 7:**

Today, heritage is changing. The Internet connects people around the world. In many ways, this is a good thing, because we can learn about the heritage of other countries, and we can show our own heritage to the world. However, some people worry that traditional heritage is disappearing. Think about it. In just about every country around the world, you can find McDonald's, Nike shoes, Starbucks coffee, and American films. Some people think this is a good change, but others don't like it. You can decide whether or not you think it is a good thing. However, almost everyone wants to protect their traditional heritage, and sometimes this is hard. For example, when a new McDonald's opens in your town, a traditional restaurant might have to close.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** The Internet connects people worldwide, allowing them to share their culture but also influencing and changing local traditions.

**B.** Heritage protection means preserving old buildings, teaching traditional languages, and passing cultural knowledge to children.

**C.** Heritage involves maintaining festivals, family customs, and community events that reflect and preserve cultural identity over time.

**D.** Global businesses and brands impact local cultures by introducing new products that may threaten traditional ways of life.

**PARAGRAPH 8:**

Our planet is getting hotter. Since the Industrial Revolution—an event that spurred the use of fossil fuels in everything from power plants to transportation—Earth has warmed by 1 degree Celsius, about 2 degrees Fahrenheit. That may sound insignificant, but 2023 was the hottest year on record, and all 10 of the hottest years on record have occurred in the past decade. A reconstruction of Earth's average temperature over the

past 485 million years showed that when the planet warms, catastrophic weather and mass extinctions follow. At no point in the period of Earth's history examined, the study notes, have temperatures warmed as quickly as they're warming now.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** The importance of the greenhouse effect in global warming is neglected.
**B.** Earth's climate has decreased and remained over the past 485 million years.
**C.** Earth's temperature has increased and is linked to the use of fossil fuels.
**D.** Planet Earth finally came through the Industrial Revolution.

**PARAGRAPH 9:**

The challenges of self-expression in the digital age can also affect the way people communicate their emotions. Some individuals may feel more comfortable sharing their feelings online than in person, while others might struggle with expressing themselves due to fear of judgment. Despite the benefits of digital self-expression, it often comes at the cost of privacy, as personal details are shared more freely and can be exploited for commercial purposes.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Digital self-expression offers advantages without compromising privacy or personal details.
**B.** Self-expression on digital platforms can improve privacy by limiting personal information.
**C.** Digital self-expression allows people to connect freely, but it can negatively affect privacy.
**D.** Digital self-expression provides benefits, but it often risks privacy issues with shared personal details.

**PARAGRAPH 10:**

Interviews also play a crucial role in shaping team dynamics. Employers can use interviews to assess how well a candidate might integrate with existing team members and contribute to a collaborative and productive work environment. This helps in building effective teams that work well together and drive organizational success.

**Câu hỏi: Which of the following best summarizes the paragraph?**

**A.** Employers use interviews to assess a candidate's technical knowledge.
**B.** Interviews are used to evaluate candidates' problem-solving skills.
**C.** Interviews allow candidates to explain their academic qualifications.
**D.** Interviews help employers see how a candidate will fit in with the team.

***Đáp án:***

***1. B  2. C  3. B  4. D  5. A  6. B  7. B  8. C  9. C  10. D***

**---THE END ---**