BÀI GIẢNG: ĐỌC Ý CHÍNH
CHUYÊN ĐỀ: ĐỌC HIỂU
GIÁO VIÊN: CÔ NGUYỄN THU HẢI

MỤC TIÊU

✓ *Luyện tập cách làm bài đọc dạng câu đọc ý chính*

ĐỌC - Ý CHÍNH

Là những câu hỏi dạng:

+ In which paragraph does the writer...?

(Trong đoạn văn nào tác giả ...?)

+ Which of the following best summaries paragraph...?

(Câu nào sau đây tóm tắt đúng nhất đoạn văn…?)

+ What is the author's attitude...?

(Thái độ của tác giả ...?)

CÁCH LÀM: Which of the following best summarises the passage/paragraph?

Bước 1: Đọc kỹ câu đầu (gợi chủ đề) và câu cuối (kết luận hoặc nhấn mạnh) của đoạn văn.

Bước 2: Xác định: đoạn văn đang nói về nguyên nhân, ảnh hưởng, quá trình, giải pháp, hay tranh luận hai chiều?

Bước 3: So sánh các đáp án:

Loại bỏ đáp án chứa thông tin quá chi tiết, mang tính ví dụ, hoặc chỉ đúng 1 phần.

Chọn đáp án bao quát toàn nội dung đoạn văn, không thêm thông tin mới.

CÁCH LÀM: In which paragraph does the writer...?

Bước 1: Gạch chân từ khóa trong câu hỏi.

Bước 2: Đọc lướt đoạn văn để tìm từ khóa đồng nghĩa hoặc nội dung tương đương.

Bước 3: Đọc kỹ đoạn nghi ngờ và so khớp ý với câu hỏi.

CÁCH LÀM: What is the author's attitude...?

Bước 1: Tìm những từ/cụm từ đánh giá mà tác giả dùng:

→ tích cực (e.g., benefit, opportunity, inspiring, important, impressive...)

→ tiêu cực (e.g., warning, danger, risk, concern...)

→ trung lập (e.g., report, mentions, states...)

Bước 2: Xem tác giả có đứng về một bên rõ ràng hay trình bày cả hai phía.

Bước 3: Đối chiếu các đáp án:

Nếu tác giả **nghi ngờ**: skeptical

Nếu tác giả **ủng hộ:** supportive / enthusiastic

Nếu chỉ **đưa thông tin**: neutral

Nếu **bác bỏ, mỉa mai**: critical / dismissive

BÀI TẬP VẬN DỤNG

Paragraph 1

Self-expression is one of the most personal and powerful ways to communicate. It's how we share our feelings, thoughts, and individuality with the world around us. While many people think of self-expression as simply the words we speak, it goes much deeper. Our actions, appearance, and creative choices all reflect who we are.

One of the most direct ways to showcase who we are is through the way we present ourselves to the world. Our clothing, hairstyle, and even the way we carry ourselves communicate a lot about our personality. For instance, someone might express creativity through colorful clothes or bold fashion choices, while others might opt for a more minimalist look. These choices help others understand who we are without having to say a word.

Beyond appearance, self-expression is also found in our actions. What we do with our time and how we treat others are powerful forms of communication. Volunteering, helping a friend, or engaging in activities that matter to us can show our values and passions. These actions speak louder than words and often leave a lasting impression.

Question 1. In which paragraph does the writer connect self-expression to our inner world?

A. Paragraph 1 **B.** Paragraph 2 **C.** Paragraph 3

Question 2. Which paragraph suggests that actions reflect personal values?

A. Paragraph 1 **B.** Paragraph 2 **C.** Paragraph 3

Paragraph 2

The way we express ourselves has evolved significantly in recent years, with the rise of digital platforms being one of the main driving factors behind this change. Social media has enabled people to share their thoughts, ideas, and emotions with a wider audience than ever before. Many factors influence how people express themselves, which then leads to various social and psychological outcomes.

There are many reasons why people may feel compelled to express themselves. For instance, social media offers individuals the chance to share personal experiences, build connections, and receive feedback. What's more, expressing oneself can provide a sense of validation and emotional release, allowing people to feel heard and understood. By contrast, some people may be more reserved and choose not to express their emotions publicly, preferring to keep their thoughts private.

Question 1. Which of the following best summarises the passage?

A. Self-expression today is shaped mainly by private conversations and internal thoughts.

B. People now express themselves less due to social pressure and technology overuse.

C. Digital platforms have transformed how people express themselves and connect.

D. Social media discourages emotional sharing and limits human interactions.

Paragraph 3

Some artists are now collaborating with computers to create a new form of art. While computer-generated artwork is fascinating and challenges our understanding of creativity, not everyone agrees it qualifies as real art. Some enthusiasts argue that it does, and collectors willing to pay high prices suggest that there is a demand for it. Others, however, are skeptical.

Question 1. What is the author's attitude towards computer-generated art?

A. Supportive and encouraging

B. Neutral

C. Strongly opposed

D. Excited about the future of machines in art

Paragraph 4

A new report says the Arctic is experiencing some of the most severe climate change on Earth. The report says average winter temperatures there have risen at almost two times the rate of that in other areas in the past fifty years. It also says computer programs estimate an additional increase of four to seven degrees Celsius during the next century.

The report also warns of possible health risks to people. As new kinds of wildlife move into the Arctic, animal diseases that can infect people may spread. And, northern freshwater fisheries that supply the native people with food could suffer. The report says melting ice would add more freshwater to the Arctic Ocean. This could cause sea levels to rise around the world. As the frozen ground warms, many existing buildings in the Arctic, roads and industrial areas could be damaged.

The report notes some possible improvements as a result of rising temperatures. For example, the melting ice will increase the ability of fish and other sea creatures to use Arctic resources. The melting is likely to permit increased exploration for oil and gas. And, reduced ice is likely to extend the period when ships can travel in the area.

Question 1. Which of the following does the author probably support?

A. The idea that space junk falling on Earth is the biggest danger.

B. The view that cleaning up space junk is important but has been too costly.

C. The belief that space junk is not a serious problem for space travel.

D. The argument that space junk will eventually disappear on its own.

Paragraph 5

1. Life coaching has emerged as a popular solution for individuals seeking to enhance their personal and professional lives. Unlike therapy, which often delves into past traumas and emotional issues, life coaching focuses on the present and future. Coaches help clients set realistic goals, overcome obstacles, and develop actionable plans tailored to their unique circumstances and aspirations.

2. Many people turn to life coaches during significant career transitions, such as changing jobs, shifting industries, or starting a new business venture. In these moments of uncertainty, coaches provide invaluable support, offering insights and strategies that ensure a successful transition. They assist clients in polishing their resumes, preparing for interviews, and navigating the complexities of entrepreneurship. This guidance is particularly beneficial for those feeling overwhelmed by the challenges of the modern job market.

3. Additionally, life coaching can play a crucial role in personal development. Individuals seeking to build confidence, improve communication skills, or discover their true purpose often find coaching to be a transformative experience. Coaches employ various techniques to help clients identify their strengths, address their weaknesses, and cultivate a more positive self-image. This process can empower individuals to assert themselves more effectively in both personal and professional settings.

Question 1. The best title for the passage is _____.

A. Exploring the Psychological Roots of Career Burnout

B. Why Therapy Is Better Than Life Coaching Today

C. Common Challenges in the Job Market

D. Today Life Coaching and Its Role in Modern Success

Paragraph 6

One of the greatest benefits of studying abroad is the access to high-quality education, and world-class facilities. Students often have the opportunity to learn from leading experts in their fields and experience innovative teaching methods. Additionally, studying abroad fosters cultural awareness and personal growth, as students interact with people from different backgrounds. Living in a foreign country also helps students develop independence and adaptability, which are essential skills in today's globalized job market.

Despite its many advantages, studying abroad is not without challenges. One major drawback is the high cost of tuition and living expenses, which can create financial burdens for students and their families. Cultural differences and language barriers can also make it difficult for some students just to their new environment. Homesickness and loneliness are common issues faced by students, especially in the early stages of their journey.

To overcome these challenges, students can seek scholarships, part-time work opportunities, or financial aid to ease the burden of expenses. Universities should also provide strong support systems, such as mentorship programs and counseling services to help students adapt. If these obstacles are addressed effectively, studying abroad becomes an enriching experience. It is truly a journey that can shape a brighter future.

Question 1. In which paragraph does the writer mention a concession relationship?

A. Paragraph 1 **B.** Paragraph 2 **C.** Paragraph 3

Question 2. In which paragraph does the writer propose methods to overcome difficulties?

A. Paragraph 1 **B.** Paragraph 2 **C.** Paragraph 3

Paragraph 7

In American universities, punctuality is the norm, with both classes starting and ending at the scheduled times. Conversely, in Brazil, it is not unusual for neither teachers nor students to adhere strictly to the set schedule. Brazilian classes often start late and may run past the designated end time. For instance, while some students left the Brazilian class at noon, many stayed past 12:30 to discuss the lesson and ask additional questions. Thus, punctuality is not as critical in Brazil as it is in the U.S., nor is staying late considered unusual.

The reasons behind these differences are owing to cultural attitudes. In Brazil, the students believe that a person who usually arrives late is probably more successful than a person who is always on time. In contrast, in the United States, punctuality is associated with respect and professionalism. As a result, an American might perceive a Brazilian's lateness as disrespectful.

Through his study, the professor realized that the Brazilian students were not being disrespectful; they were simply adhering to cultural norms. Understanding this helped him adjust his expectations and adapt to the new cultural context, allowing him to feel more comfortable in his role.

Question 1. What is the author's attitude towards the cultural differences in punctuality discussed in the passage?

A. The author views the differences as a serious issue that needs to be addressed immediately.

B. The author suggests that punctuality norms should be standardized globally to avoid confusion.

C. The author feels that cultural differences in punctuality are trivial and not worth studying.

D. The author believes that understanding cultural differences is key to effective communication.

Question 2. Which of the following best summarises the passage?

A. The professor criticized Brazilian students for not respecting the class schedule.

B. Cultural views on time shape how people behave and interpret others' actions.

C. American students prefer short classes while Brazilians enjoy longer lessons.

D. U.S. professors often struggle to control late students in foreign classrooms.

Paragraph 8

Globally, green building projects are gaining momentum. In Vauban, Germany, former army housing has been replaced by homes that consume 30 percent less energy than standard ones, using non-polluting heating systems and solar panels. China is also undertaking a large-scale green initiative, building solar-powered homes for 400 families, and planning to expand this model to entire neighborhoods across six cities.

Green building principles are becoming more widely adopted, with individuals, businesses, and governments recognizing their advantages. Beyond being eco-friendly, these buildings improve living conditions and offer long-term cost savings.

Question 1. How does the author seem to feel about the green building movement?

A. Skeptical **B.** Enthusiastic **C.** Neutral **D.** Critical

Paragraph 9

Animals appear to react to numbers only when it is tied to their survival, either of their species, as in the case of eggs, or of themselves, as in the case of food. There is no evidence that they can apply this understanding to other contexts or abstractly grasp the concept of numbers. Animals "count" only when objects are present and when the numbers are small—typically no more than seven or eight. In laboratory experiments, animals trained to "count" one type of object could not extend this ability to other objects, indicating that they are more focused on the objects than on the numerical values. While animals show impressive abilities, these do not prove that they understand counting. Instead, their actions reflect inherent instincts shaped by evolution or the result of careful training by humans.

Question 1. What is the author's attitude toward the idea that animals can count?

A. Skeptical, as animals only show instinctive behavior rather than true counting ability.

B. Supportive, since animals have demonstrated the ability to count small quantities.

C. Neutral, presenting both sides of the argument without a clear stance.

D. Dismissive, as the author believes animals have no cognitive abilities related to numbers.

Paragraph 10

Life stages are marked by significant transitions, each bringing new challenges and opportunities for growth. For high school students, this period represents a time of personal development, academic achievement, and preparation for the future. However, adding the responsibility of a job to this crucial stage can complicate the transition and limit the benefits of this formative time.

During high school, students are expected to manage academics, social development, and extracurricular activities, all of which shape their future. The transition into adulthood requires self-discovery and skill-building, such as time management and teamwork, which can be hindered by the demands of work. A job often reduces time for these essential experiences, leading to stress and decreased academic performance.

Question 1. Which of the following best summarises the passage?

A. Part-time jobs are the best way for teenagers to gain early work experience.

B. Balancing work and school during high school is key to adult independence.

C. Working in high school may limit students' growth during a critical life stage.

D. Academic achievement is easier for students who work than for those who don't.

Đáp án:

Paragraph 1: 1. A 2. C
Paragraph 2: 1. C
Paragraph 3: 1. B
Paragraph 4: 1. B
Paragraph 5: 1. D
Paragraph 6: 1. B 2. C
Paragraph 7: 1. D 2. B
Paragraph 8: 1. B
Paragraph 9: 1. A
Paragraph 10: 1. B

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